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# HEALTHY CITY DESIGN INTERNATIONAL

RESEARCH • POLICY • PRACTICE

15-16 OCTOBER 2018

ROYAL COLLEGE OF PHYSICIANS, LONDON

## CALL FOR PAPERS

### CREATING HEALTHY CITIES FOR ALL: DESIGNING FOR EQUITY AND RESILIENCE

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# CREATING HEALTHY CITIES FOR ALL: DESIGNING FOR EQUITY AND RESILIENCE



In less than 200 years, the proportion of the world's population living in cities has grown from 5 per cent to more than half. By 2050, cities will need to house 2.5 billion more people. As our planet urbanises, how do we promote sustainable development, wellbeing and inclusive growth in creating cities and communities that are resilient, equitable and fair to all?

In their planning and design, cities have made undeniable progress in advancing the health of their citizens over the past 60 years. Evidence broadly suggests that city dwellers currently enjoy an 'urban health advantage' because they tend to be healthier than their rural counterparts.

However, within cities, not everybody enjoys the same health advantages and nor do they have access to the same services. Health inequalities exist and are largely based on social inequalities. Just as they can differ from city to city, experiences can also differ from urban district to district. Cities have become polarised between rich and poor, public and private, engaged and excluded.

At the same time, unparalleled socio-economic progress and population growth have created patterns of highly inequitable, inefficient and unsustainable resource consumption that are taking a heavy toll on the Earth's natural systems, resulting in substantial health impacts, including reduction of food security and nutrition, loss of freshwater resources, higher exposure to communicable and non-communicable diseases, and loss of life from extreme weather events.<sup>1</sup>

Cities are now under unprecedented scrutiny to develop new approaches to health and healthcare that are more sustainable, equitable and inclusive – and this idea of fairness extends to both people and 'planetary health'.

In a climate of polarisation and politicisation of urban health strategies, making cities fairer and less divisive places in relation to health outcomes depends on how resilient they are in their design and planning. This is not simply about the ability to resist infectious diseases – which is often the reflex response to the resilience issue – at a time when more mobile and connected city populations could make global pandemics more common. Rather, resilience to achieve better urban health takes many different forms.

It can manifest in emerging infrastructures that promote flexible working practices or more active modes of transport, or in access to fresh, locally produced food. It can find expression in the adoption of

new technologies that address climate change or air pollution. Healthcare systems in cities need operational resilience, just as social resilience is itself a factor in creating better urban health.

Architects, planners, designers, clinicians, technologists, economists, policymakers and citizens all share a transdisciplinary responsibility to create healthier cities that are both equitable and resilient. This is the theme of the 2nd Healthy City Design 2018 International Congress, organised by SALUS Global Knowledge Exchange in collaboration with the Helen Hamlyn Centre for Design, Royal College of Art. This two-day summit is scheduled for 15-16 October 2018 at the Royal College of Physicians, London.

The inaugural Healthy City Design International Congress, held in October 2017, looked at the theme of health-creating urban communities through a more holistic approach, in which the professions of public health and urban planning and design work more closely again, after several decades of drift. In 2018, the focus is on ways to tackle health inequalities and build resilience in health-creating systems to make our cities better places to live and work.

The British writer and critic Charles Leadbeater has talked about the rise of the 'fair city' – and about how high-empathy/high-system cities offer a better deal for citizens than cities that lack empathy or lack efficient systems for health and wellness. At a time of growing debate about the need for more equitable responses to urban and technological change, Healthy City Design 2018 is the place to share ideas, projects and concepts right across the interdisciplinary spectrum of interests in design for urban health.

We're delighted to invite you to contribute to the exchange of knowledge to ensure the design of our future cities embeds equity and builds resilience as a foundation for health and wellness for all. Abstracts for the presentation of papers, posters, workshops and colloquiums should be submitted by 3 May 2018 at [www.healthycitydesign.global](http://www.healthycitydesign.global).

1. The Rockefeller Foundation-Lancet Commission on Planetary Health: Safeguarding human health in the Anthropocene epoch, 2015; 386: 1973-2028.



**Prof Jeremy Myerson**  
Helen Hamlyn Professor  
of Design, Royal College  
of Art



**Marc Sansom**  
Director  
SALUS Global Knowledge  
Exchange

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# CALL FOR PAPERS

Healthy City Design 2018 (HCD 2018) International Congress & Exhibition is a global forum for the exchange of knowledge on the research, policy and practice of designing healthy and sustainable cities and communities.

Congress attendees will develop their knowledge of the political and economic context, emerging practice, latest research findings, skills and core competencies in designing, planning and commissioning city services, technology and infrastructure, project management, and the evidence base for environmentally responsible urban planning, design and public health. We are delighted to invite you to submit abstracts on the following core themes.

## Plenary theme

**Creating healthy cities for all: Designing for equity and resilience**

## Congress streams

### Health, housing and neighbourhoods

- Nurturing and sustaining health, wellbeing and quality of life

### Placemaking and the public realm

- Designing to promote healthy, active lifestyles and social inclusion

### Mobility and travel

- Designing accessible, ecological and safe systems to travel

### Smarter cities

- Adopting technology and innovation to maximise health advantages

### Sustainable development

- Climate change adaptation, disaster recovery and disease prevention

### Work and workplace

- Designing supportive work environments and wellness programmes

Authors are invited to submit abstracts of 400 words in English for any of the following: a) themed paper; b) poster; c) workshop; d) colloquium. The abstract should clearly state the background, purpose, methods, results and conclusions/implications. Presentations in all four formats can be focused on any of research, practice or theory. For more detailed abstract guidelines, visit [www.healthycitydesign.global](http://www.healthycitydesign.global)

Each presentation will be delivered to an interdisciplinary audience, and each stream carefully curated to encourage an informed dialogue. Papers addressing more than one of the congress themes will be given preference. All abstracts will be subject to a rigorous blind peer-review process by the HCD 2018 programme committee. A carefully selected number will be chosen for oral presentation with a wider number presented as posters.

Proposals must be submitted using the abstract proposal form, available at [www.healthycitydesign.global](http://www.healthycitydesign.global) and MUST include the following:

- a) presentation type (themed paper, poster, workshop or colloquium);
- b) knowledge focus (research, practice or theory);
- c) congress theme (plenary or stream)
- d) title;
- e) author(s);
- f) organisational affiliation; and
- g) three keywords.

The abstracts of the papers selected for presentation will be published in the Final Programme. Please note: the author(s) and/or co-author(s) are required to register and pay the registration fee to present the paper at the congress. The official language of HCD 2018 is English.

Full edited versions of the papers and videos may be published on the SALUS Global Knowledge Exchange at [www.salus.global](http://www.salus.global) following the congress. No paper will be published without the author's consent. Papers can also be submitted to *Cities & Health Journal* for peer-review publication, edited by programme committee member Marcus Grant. For more information, visit: [www.healthycitydesign.global](http://www.healthycitydesign.global)

More information on the conference venue, hotel accommodation and registration fee will be available at [www.healthycitydesign.global](http://www.healthycitydesign.global). All abstracts and enquiries should be submitted by e-mail to the HCD 2018 Secretariat no later than 3 May 2018 at the following address:

## HCD 2018 Secretariat

**E-mail:** [info@salus.global](mailto:info@salus.global) | **W:** [www.healthycitydesign.global](http://www.healthycitydesign.global)

**Tel:** + 44 (0)1277 634176

## Who should submit a paper and attend?

The Healthy City Design 2018 International Congress & Exhibition attracts the world's leading interdisciplinary policymakers, researchers and practitioners designing healthy and sustainable cities and communities. The congress will be of interest to:

- City governance and policy
- Urban designers and planners
- Estates/capital development
- Sustainability practitioners
- Public health physicians
- Architects and designers
- Engineers and developers
- Health/social care planners
- Academics and researchers
- Occupational therapists
- Business/technology leaders
- Senior public servants
- Environmental groups
- Economists

# PROVISIONAL TIMETABLE

## 16 March 2018

Launch and announcement of Call for Papers

## 3 May 2018

Deadline for HCD 2018 Congress abstracts

## 15 May – 5 June 2018

Evaluation of abstracts by programme committee

## 5 July 2018

Launch of the Preliminary Programme

## 6 September 2018

Deadline for early bird/speaker registration, and manuscripts

## Monday 15 October 2018

09.00–18.00: HCD 2018 Congress & Exhibition

## Tuesday 16 October 2018

09.00–18.00: HCD 2018 Congress & Exhibition

18.30–22.00: HCD 2018 Awards Dinner



# THE PROGRAMME COMMITTEE



## Rachel Cooper OBE

Professor of design management and policy,  
Lancaster University, UK



## Christine Hancock

C3 Collaborating for Health,  
UK



## Derek Clement-Croomes

Emeritus professor, University of Reading,  
UK



## Sean Hughes

Vice-president and head of design consulting,  
Philips, USA



## Dr Tarsha Finney

Senior research tutor and programme lead on city design,  
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## Carolyn Daher MPH

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Architecture (ENSAG), Grenoble Alpes University, France



## Janet Sutherland

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## Katie Wood

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## Dr Janice Barnes PhD, LEED AP

Global resilience director, Perkins+Will,  
USA



## Marcus Grant

Editor-in-chief, Cities and Health,  
UK



## Dr Layla McCay MD

Director, Centre for Urban Design  
and Mental Health, UK



## Clare Devine

Executive director for architecture, built environment and  
design, CABI, Design Council, UK



## Helen Pineo PhD candidate

Associate director, cities, BRE,  
UK



## Dr Montira Pongsiri PhD, MPH

Senior research associate, environmental change-human health  
science policy, Cornell University; member of The Rockefeller  
Foundation-Lancet Commission on Planetary Health, USA



## Marcus Wilshere

London masterplanning lead, IBI Group; trustee,  
Urban Design Group, UK

## Advisory Group

### John Zeisel PhD

President, Hearststone Alzheimer Care  
and the I'm Still Here Foundation, USA

### Hugh Barton

Emeritus professor, WHO Collaborating  
Centre, UWE, UK

### Robert Huxford

Director, Urban Design Group, UK

### David Green

Director,  
Perkins+Will, UK

### Chris Liddle

Director,  
HLM Group, UK

### Ken Greenberg

Greenberg Consultants, Canada

### Rama Gheerawo

Director, Helen Hamlyn Centre for Design,  
Royal College of Art, UK

### Tye Farrow

Farrow Partners, Canada

### Sunand Prasad

Trustee, Green Building Council,  
and founding partner, Penoyre & Prasad, UK

For further enquiries on the event programme,  
sponsorship or exhibition opportunities, contact:

### SALUS Global Knowledge Exchange

E: [info@salus.global](mailto:info@salus.global) • T: +44 (0)1277 634176

[www.healthycitydesign.global](http://www.healthycitydesign.global)