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# HEALTHY CITY DESIGN INTERNATIONAL

RESEARCH • POLICY • PRACTICE

16-17 OCTOBER 2023

ROYAL COLLEGE OF PHYSICIANS, LIVERPOOL

## PRELIMINARY PROGRAMME

URBAN RENEWAL AND HEALTH EQUITY  
CHARTING A SUSTAINABLE PATH LOCALLY AND GLOBALLY

EARLY BIRD DEADLINE EXTENDED: 28 SEPTEMBER

W: [www.healthycitydesign.global](http://www.healthycitydesign.global) | E: [info@salus.global](mailto:info@salus.global)



Platinum Health Leaders

Silver Knowledge Leaders

Bronze Innovation Leaders

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### Timetable of events

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#### July 2023

Launch of Preliminary Programme and online registration

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#### 7 September 2023

Deadline for speaker registration

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#### 28 September 2023

Extended deadline for Early-bird registration

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#### Monday 16 October 2023

**08.00-18.00:** Healthy City Design 2023 International Congress

**19.00-22.00:** Evening Networking Dinner at the Maritime Museum

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#### Tuesday 17 October 2023

**08.00-17.45:** Healthy City Design 2023 International Congress

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#### Wednesday 18 October 2023

**09.00-12.00:** Walking Tours of Liverpool (see page 5 for more detail)

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# URBAN RENEWAL AND HEALTH EQUITY

## CHARTING A SUSTAINABLE PATH LOCALLY AND GLOBALLY

Urban policymakers, planners and practitioners keen to chart a path to sustainable development must link the local and global – activating measures that improve the lives of citizens and reduce health inequalities while addressing the wider impacts of planetary health.

This interplay between local regeneration and global climate resilience has been termed ‘climate-resilient development’ in the latest Intergovernmental Panel on Climate Change (IPCC) report. This identifies climate-resilient development as key to securing a healthier future for all and calls on cities to raise their game as leading protagonists in creating a more sustainable world.

But how can cities walk the delicate line between people health and planetary health? How can they chart a more sustainable path that meets both local and global needs?

There are many different aspects in the urban realm on which to capitalise, in order to create healthier outcomes for all. Research tells us that the provision of green-blue spaces and nature-based interventions can make a vital difference to people and planet. As cities around the world plot a path towards a healthier urban future, one of the key learnings of the past few years has been that nature, biodiversity and communities are all affected by lack of action on the climate emergency.

Better-designed housing is also a key foundation of a healthy and equitable city or community. Housing that is safe, free of damp and mould, with an abundance of natural light and liveable space that can be adapted to people’s needs over the life course, should be an expectation, not a luxury.

Digital technology has a significant role to play, from

monitoring environmental conditions to connecting the smart city itself. Hybrid ways of working are questioning the traditional purpose of cities, and company policies on environmental, social and governance (ESG) are demanding fresh solutions. Different approaches to inclusive placemaking and planning are rethinking the urban form. The rise of electric and autonomous vehicles also comes into the reckoning, as city mobility accelerates into the future.

#### Targeted capital

Meanwhile, research models and design practices are evolving at pace, often driven by political agendas. The UK Government’s Levelling Up agenda, for example, is exerting a policy influence at a local level with targeted investments. It is focusing on six types of capital: physical capital (such as infrastructure and housing); human capital (the skills, health and experience of the workforce); intangible capital (innovation, ideas and patents); financial capital; social capital (community strength, relationships and trust); and institutional capital (local leadership, capacity and capability). All of these forms of capital are relevant to remaking the healthy city with sustainable urban regeneration.

It is against this dynamic background that ‘urban renewal and health equity’ – specifically, the linking of local and global in climate-resilient development to reduce health inequalities and create social value.

The Healthy City Design 2023 (HCD 2023) International Congress & Exhibition is a global forum for the exchange of knowledge on the research, policy and practice of designing healthy and sustainable cities and communities.

Each day will open and close with keynote plenary sessions before splitting up into four streams (eight in total). Day one will focus on: Population health; Design across the life course; Smart and inclusive cities and mobility; and Work and workplace. Day two will cover: Urban design, planning and public realm; Planetary health; Health-creating communities; and Social value and resilience.

Enriching the oral presentations and discussions, the event will host a Video + Poster gallery of innovative research and projects, along with a knowledge-focused exhibition of design solutions for cities, communities and workplaces.

The Congress organisers are also delighted to invite participants to join the programme committee for an Evening Networking Dinner at the historic Merseyside Maritime Museum in the Royal Albert Dock on Monday 16 October.

All sessions will be streamed virtually for delegates unable to attend in person.



**Prof Jeremy Myerson**

Emeritus professor,  
Royal College of Art;  
Director, WorkTech Academy



**Marc Sansom**

Director,  
SALUS Global  
Knowledge Exchange

Organised by



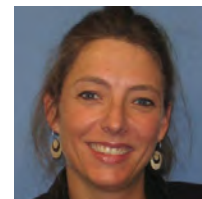
**W:** [www.healthycitydesign.global](http://www.healthycitydesign.global)

## Keynote speakers



**Sir Michael Marmot**

Professor, director of the  
Institute of Health Equity  
(UCL Department of  
Epidemiology & Public  
Health), UK



**Dr Nathalie Laure  
Roebbel**

Unit head – urban health,  
World Health Organization,  
Switzerland



**Mayor Steve Rotheram**

Liverpool City Region, UK



**Kieron Boyle**

Chief executive, Impact  
Investing Institute, UK





# A MARITIME CITY OF CULTURE AND INNOVATION

With 800 years of history, Liverpool is one of England's most legendary and innovative cities.

Steeped in history built on maritime heritage and its influence on world trade, the first-ever commercial wet dock opened in Liverpool in 1715. A further milestone came in 1846, with the opening of the revolutionary and architecturally celebrated Albert Dock. By the late 19th century, Liverpool was at the epicentre of global commerce, with over 40 per cent of the world's trade passing through the docks.

But after the devastating Blitz of the Second World War, Liverpool suffered the same post-industrial confidence crisis that hit many northern cities in the UK. Moreover, the city's dependence on port industries meant it found the transition harder than other cities, so much so that by the

1970s, the Albert Dock was left derelict and abandoned. It was not until the following decade, with the reclaiming of the Dock and its regeneration, that Liverpool was put back on the map as an investment location and visitor destination.

The Merseyside Maritime Museum, where the Congress evening dinner event will be held on Monday 16 October, lay at the heart of these developments and led the way in revitalising the Albert Dock area, including Canning Half Tide Basin and the graving docks.

Now known as the Royal Albert Dock, after being granted a Royal Charter in 2018, it's a major tourist attraction in the city, comprising the largest collection of Grade 1 listed buildings in the UK, and home to the International Slavery Museum, Tate Liverpool and The Beatles Story, as well as many small shops, bars, restaurants, hotels and other businesses.

## Vibrant arts culture

The city's maritime history is arguably one of the reasons why Liverpool has such a diverse and vibrant culture and arts scene. Liverpool is home to Europe's oldest-established Chinatown, and its musicians were among the first to be exposed to the rhythm and blues of the USA's Deep South. Liverpool's port status has always meant it has been quick to soak up customs and cultures from all parts of the globe, serving to create a warm and welcoming city.

As the birthplace of the Beatles, a designated UNESCO City of Music and, more recently, in May this year, as the host of Eurovision on behalf of Ukraine, music has long been the lifeblood and beating heart of Liverpool and its people.

During your visit to the Congress, take time to visit the legendary Cavern Club, where live music is played every day, or book an electrifying performance of the Royal Liverpool Philharmonic Orchestra, the UK's oldest continuing professional symphony orchestra. If you're a fan of the Fab Four, then don't miss a visit to the award-winning

## Evening Dinner and Networking at the Maritime Museum, Royal Albert Dock

Monday 16 October, 7pm – 10pm

At the heart of Liverpool's historic waterfront in the Royal Albert Dock, the Maritime Museum will be the venue for this year's Healthy City Design 2023 Evening Dinner and Networking event on Monday 16 October from 7-10pm. Join our speakers, programme and organising committees, fellow delegates and a keynote speaker in this prestigious venue, and get a sense of the maritime history of the great port of Liverpool.



'The Beatles Story', the world's largest permanent exhibition purely devoted to telling the story of their lives.

Liverpool's wider art scene is vibrant, inspiring and democratic. Liverpool is the host city of the UK's Biennial of Contemporary Art: a celebration of all that art can do to transform places and people. Home to the National Collection of art in the North, Liverpool's Walker Art Gallery contains one of Europe's finest collections of paintings, drawings, sculpture and decorative art, from Pre-Raphaelite masterpieces to David Hockney's shimmering sixties' canvasses. Elsewhere, the Tate's northern base offers an always-vital assessment of contemporary art, complemented by the city's artist-led galleries.

## Renaissance

Liverpool is a compact, walkable and liveable city that encourages outdoors exploration. The city has more galleries and museums than any other city outside London, and a passion for sports including two of the world's historic football clubs, Liverpool FC and Everton FC.

From its lively waterfront, grand architecture, historic museums, vibrant arts and music scene, celebrated football clubs, and welcoming people, Liverpool offers a rich cultural experience.

Like any city, it has its historic and modern-day challenges, and indeed faces some of the greatest health and income disparities in the UK – but Liverpool is also enjoying a renaissance. The city's regional economy is one of the fastest growing in England, while developments such as the £1bn flagship Paddington Village development at the

eastern gateway to the Knowledge Quarter, Liverpool's thriving Innovation District, are attracting businesses and enterprises from across the science, tech, education and health and life sciences sectors, with places to live, work and play – including the Royal College of Physicians' Spine building, a platinum WELL-certified building and ideal venue and host for the 7th Healthy City Design 2023 Congress.

## Liverpool city cultural walking tours

**Wednesday 18 October, 9am – 12 noon**

Liverpool is a city rich in heritage, culture and surprises. There are remarkable tunnels under your feet at the Congress venue, Ferries Across The Mersey, and two cathedrals to marvel at. Importantly, the city is compact and very walkable with many local people only too happy to guide visitors around the historic centre. We will be working with these ambassadors over the coming weeks to develop a programme of guided walks and places to visit before, during and after the Congress.



# THE PROGRAMME COMMITTEE



## Rachel Cooper OBE PhD

Professor of Design Management and Policy,  
Lancaster University, UK



## Oliver Jones PhD

Associate director - sustainability and innovation,  
Cundall, UK



## Harry Knibb MRTPI

Development director, Oxford Properties;  
Director, Academy of Urbanism, UK



## Angela Loder PhD

Vice-president, research  
International WELL Building Institute, USA



## Marcus Grant

Editor-in-chief,  
Cities and Health, UK



## Caroline Paradise PhD

Head of design research,  
Atkins, UK



## Jose Siri PhD, MPH

Epidemiologist, global, urban and planetary health specialist,  
USA



## Clare Wildfire

Global practice lead for cities,  
Mott MacDonald, UK



## Carolyn Daher MPH

Co-ordinator, Urban Planning, Environment and Health Initiative,  
Barcelona Institute for Global Health, Spain



## Katie Wood

Director, operations consulting and lead on health  
and wellbeing, Arup, UK



## Rhiannon Corcoran PhD

Professor of Psychology and Public Mental Health, University of  
Liverpool; Director, Centre for Urban Design and Mental Health, UK



## Jeri Brittin PhD

Director of research,  
HDR, USA



## Blake Jackson AIA, LEED Fellow, WELL Faculty, CPHC

Director, sustainability, NORR, USA



## Giselle Sebag MPH, LEED AP ND

Executive director,  
International Society for Urban Health, Spain



## Stephane Sadoux PhD

Deputy director, LabEx AE&CC, Grenoble School of  
Architecture (ENSAG), Grenoble Alpes University, France



## Audrey de Nazelle PhD

Senior lecturer, Centre for Environmental Policy,  
Imperial College London, UK



## Helen Pineo PhD

Urban planner and research associate professor,  
University of Washington, USA

## Advisory Group

### Michael Chang PhD candidate

Programme manager,  
Office for Health Improvement and Disparities, UK

### Chris Liddle

Group chair, Covalent Group and director, HLM, UK

### Sunand Prasad

Chair, UK Green Building Council; Perkins&Will, UK

### Jeremy Porteus

Chief executive, Housing LIN, UK

### Beatrice Fraenkel Hon FRIBA

Trustee, Design Council; Former chair, Mersey Care NHS  
Foundation Trust, UK

### Julia Thrift

Director of healthy placemaking,  
Town and Country Planning Association (TCPA), UK

### Robert Huxford

Director, Urban Design Group, UK

### Montira Pongsiri PhD, MPH

Advisor, climate change and health, Save the Children, USA

### Tye Farrow

Senior partner, Farrow Partners, Canada

### Graham Marshall BA(Hons), PGDipLA, MAUD

Director, Prosocial Place; Director, Centre for  
Urban Design and Mental Health, UK

### John Zeisel PhD

Founder, I'm Still Here Foundation;  
Hearthstone Institute, USA

### Janet Sutherland

The Academy of Urbanism, UK

### Christine Hancock

Founder, C3 Collaborating for Health, UK

### John Lewis MBE

Managing director, SOG, UK

### Jim Chapman MA, Dip Arch, RIBA, FIHEEM

Independent design consultant; Trustee,  
National Museums Liverpool, UK

### Layla McCay MD

Director, Centre for Urban Design and  
Mental Health, UK

### Hugh Barton MPhil, DipTP, MRTPI, FRSA

Emeritus professor, WHO Collaborating Centre, UWE, UK

### Paul Bell

Partner, Ryder Architecture, UK



By blending 'in person' participation with a fully immersive digital experience, this year's Congress continues to create new and enhanced opportunities for knowledge exchange, professional development and networking.

The 7th Healthy City Design International Congress is, for the first time, moving to Liverpool and the Royal College of Physicians' northern headquarters at The Spine.

The venue is expected to sell out quickly, as world-leading practitioners, researchers and policy thinkers from around the world join the event 'in person' as delegates and as speakers to give talks, present posters, and participate in panels and workshops.

But with a live conference stream broadcast into our fully integrated virtual event platform, delegates will also have the choice of whether to participate in person or virtually, providing new opportunities to access talks and expert content from anywhere in the world.

'In person' and 'virtual' delegates will enjoy exceptional networking and professional development opportunities, building knowledge of the socio-economic global context, and emerging practice, skills and core competencies in designing and planning healthy communities, sustainable development, and urban infrastructure.

## INTUITIVE USER INTERFACE

### Easy to engage in sessions no matter where you are

Our intuitive hybrid event platform is designed to highlight key events and enable attendees to drill down to sessions of specific interest. Virtual and in-person attendees can engage in sessions using engagement tools such as chat and Q&A.

## NATIVE MOBILE APP

### A fully immersive experience

In-person and virtual attendees will be able to download a native, branded mobile application to browse session listings, connect and message other participants, both onsite and virtually, and view sponsors, partners, exhibitors and the programme agenda. The mobile app complements the in-person experience while enabling virtual attendees to engage remotely.

## ON-DEMAND CONTENT

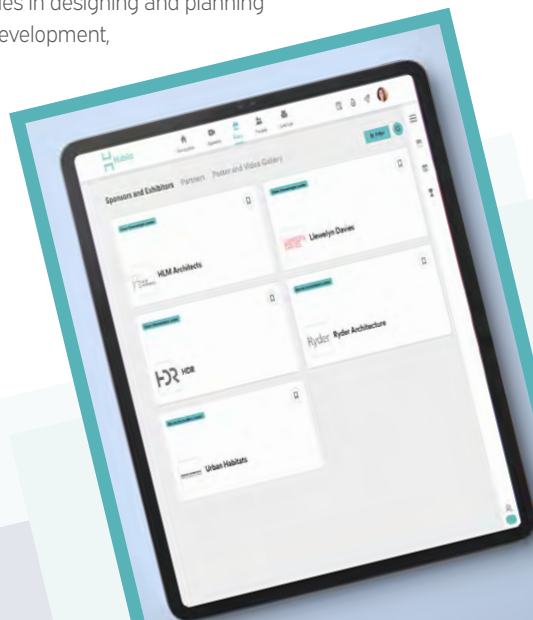
### Choose when to view talks and sessions

All registered participants will also receive virtual access to both 'live' streaming and video recordings of all sessions for 'on-demand' viewing for two months after the event. So, as an in-person delegate, choosing one parallel session or stream no longer means you miss viewing the talks in the other streams.

## CONNECT WITH MORE PEOPLE

### Foster connections both online and offline

Connect and foster engagement with fellow attendees virtually and in person throughout the event. Attendees have multiple options to connect and message other attendees in person or connect with each other virtually via 1-1 chats, video calls and lounges.



**08.00 REGISTRATION OPENS**

Keynote plenary	
	<p><b>Session 1</b> <b>Opening plenary</b> <b>Chair: Jeremy Myerson</b>, Emeritus professor, Royal College of Art; WorkTech Academy, UK</p>
	<p>Supported by <b>Impact on Urban Health</b></p>
<b>08.45</b>	<p><b>Welcome and introduction</b> Jeremy Myerson, Royal College of Art; WorkTech Academy, UK</p>
<b>09.00</b>	<p> <b>Welcome address</b> Mayor Steve Rotheram, Liverpool City Region, UK</p>
<b>09.10</b>	<p> <b>Keynote address: Health equity: Marmot Cities</b> Sir Michael Marmot, Professor, director of the Institute of Health Equity (UCL Department of Epidemiology &amp; Public Health), UK</p>
<b>09.35</b>	<p> <b>Keynote address: A strategic approach to achieve urban health: Making the case and making it work</b> Dr Nathalie Roebbel, Unit head – urban health, World Health Organization, Switzerland</p>
<b>10.00</b>	<b>Panel discussion</b>
<b>10.15–10.45</b>	<b>VIDEO + POSTER GALLERY, COFFEE AND NETWORKING</b>



**Session 2**

**Liverpool: A continuing story of public health innovation**  
**Chair: Rhiannon Corcoran**, Institute of Population Health, University of Liverpool, UK

Liverpool is the birthplace of public health. It was the poor health of workers in the city that led to the employment in 1847 of Dr Duncan, the UK's first medical officer of health, whose efforts focused on addressing the living and working conditions of these men, women and children. Ingrained systemic health and wellbeing inequalities remain the biggest challenge of the city today. The University of Liverpool has a long-term mission to work with Liverpool City Council, the Combined Authority, and residents to address these inequities. This session showcases some of the innovative place-based public health research taking place at the University.

<b>10.45</b>	<p><b>Liverpool public health – then and now</b> Sally Sheard, Institute of Population Health, University of Liverpool, UK Matthew Ashton, Liverpool City Council, UK</p>
<b>11.00</b>	<p><b>The Civic Data Co-operative</b> Gary Leeming, Liverpool City Region Civic Data Cooperative; Institute of Population Health, University of Liverpool, UK</p>
<b>11.15</b>	<p><b>The mental health and wellbeing outcomes of the Preston Model</b> Ben Barr, Institute of Population Health, University of Liverpool, UK</p>
<b>11.30</b>	<p><b>Liverpool's Feminist City Network</b> Catherine Durose, Institute of Population Health, University of Liverpool, UK</p>
<b>11.45</b>	<p><b>GroundsWell: Systems thinking on green and blue spaces for health and wellbeing</b> Sarah Rodgers, Institute of Population Health, University of Liverpool, UK</p>
<b>12.00</b>	<b>Panel discussion</b>
<b>12.30–14.00</b>	<b>VIDEO + POSTER GALLERY, WORKSHOP, LUNCH AND NETWORKING</b>
<b>12.40–13.50</b>	<p><b>Lunchtime workshop: Charting the path for health equity</b> Panel: Lourdes Madigasekera-Elliott and Ellen Reith, East Sussex County Council, UK Annalise V. Johns, Merton Council, UK For more details, please see page 19</p>





## Session 3

### Policies and partnerships

Chair: Rachel Cooper, Lancaster University, UK

**14.00** **Global systematic scoping review of city initiatives to improve health with policy recommendations**

Shaun Danielli, King's Health Partners, UK

**14.20** **The Life Rooms and Liverpool public health**

Georgi Byrne-Watts, Mersey Care NHS Foundation Trust, UK

**14.40** **Essential conditions in the context of public health policy advisors to have impact on a healthier living environment**

Kristine Mourits, Radboudumc, Netherlands  
Hilde Spitters, Radboudumc, Netherlands  
Gerard Mollman, Radboudumc Netherlands

**15.00** **Panel discussion**

**15.30–16.00** **VIDEO + POSTER GALLERY, COFFEE AND NETWORKING**



## Session 4

### Healthy Homes Campaign: Building momentum for better homes for all

Chair: Rosalie Callway, TCPA, UK

**16.00–17.00** **Healthy Homes campaign – building momentum for better homes for all**

The TCPA Healthy Homes campaign has been running for more than two years. It's seeking systemic legislative reform through the introduction of a Healthy Homes Act, proposed as a private members' bill sponsored by Lord Nigel Crisp – former NHS chief executive and Lords peer – with the support of a wider coalition of parliamentarians and organisations.

Large portions of the Healthy Homes Bill have also been proposed as amendments to the Levelling Up and Regeneration Bill (LURB), which is currently going through parliament.

Current planning policy and building regulations are failing to consistently promote health outcomes through housing development.

This roundtable debate will provide an opportunity to take stock of the Healthy Homes campaign and consider how current planning and legislative changes may impact the future delivery of healthy and affordable homes. It will look at the changes emerging from the LURB, the Healthy Homes Bill, and other related reforms. The panellists, from different sectors (public, private, third sectors, and academia), will be invited to share their view of these reforms to date, as well as present their expectations for future progress towards delivering healthy homes in the run-up to the next general election.

Panel: Ben Clifford, UCL, UK

Gwyn Roberts, Building Research Establishment, UK  
Steve Morton, Department of Health and Social Care

## Keynote plenary



## Session 5

### Keynote address

Chair: Sunand Prasad, Perkins&Will, UK

**17.00**



**Keynote address:**  
**Investing in urban renewal to improve health equity**

Kieron Boyle, Impact Investing Institute, UK

**17.40–** **Closing address**

**17.45**

Jeremy Myerson, Royal College of Art;  
WorkTech Academy, UK

**19.00–22.00**

**EVENING DINNER & NETWORKING EVENT**

See page 5 for more information



Stream 2 begins at 10.45 in Space 6 and 7, after the day's opening plenary session (08.45–10.15).



## Session 6

### Urban renewal for older people

Chair: Jeri Brittin, HDR, USA

**10.45** **Later living for healthy town centres: The power of a multi-generational approach**

Mohammed UI-Haq, HLM Architects, UK  
Olivia Jackson, HLM Architects, UK

**11.05** **Creating community across generations – a summary of a research study for future housing and local development**

Christian Karlsson, Karlsson Architects, Denmark

**11.25** **Cities, buildings, and the silver tsunami: Designing to serve an Ageing Population**

Nancy Wilson, Kasian, Canada  
Christine Weber Craik, Kasian, Canada  
Deborah Wadsworth, Kasian, Canada  
Aziz Bootwala, Kasian, Canada

**11.45** **Urban renewal and health impacts on older people: A natural experiment in Hong Kong**

Guibo Sun, University of Hong Kong, Hong Kong

**12.05** **Panel discussion**

**12.30–14.00** **VIDEO + POSTER GALLERY, WORKSHOP, LUNCH AND NETWORKING**



## Session 7

### A life-course approach to placemaking

Chair: Dr Nathalie Roebbel, World Health Organization, Switzerland

The life-course approach aims to ensure people's health and wellbeing throughout their lifetime by addressing specific needs at all ages. This workshop will highlight the vital roles of public spaces in improving urban health while introducing guidance and initiatives to take the life-course approach in designing public spaces. The session will showcase practical examples from cities and city networks, including the Global Network for Age-friendly Cities and Communities, to show how the specific needs of vulnerable populations, including children, youth, and older people, have been addressed in placemaking, and what health and wellbeing outcomes have been achieved in the cities.

**14.00** **Creating healthy and safe public spaces for children: Global principles and guidance**

Thomas George, UNICEF, USA

**14.20** **Designing public spaces together with youth to achieve better urban health: Young Gamechangers Initiative**

Laura Petrella, UN-Habitat, Kenya

**14.40** **Making public spaces age-friendly through a participatory approach: The case of Hillside Station**

Metropolitan Borough of Sefton, Liverpool City Region, Member of the Global Network for Age-friendly Cities and Communities (To be confirmed)

**15.00** **Panel discussion**

**15.30–16.00** **VIDEO + POSTER GALLERY, COFFEE AND NETWORKING**



## Session 8

### Age-friendly urban design

Co-chairs: Dr Inon Schenker, IMPACT, Israel;



Arch. Shulamit Gertel, Ministry of Construction and Housing, Israel

**Age-friendly urban design: A national case study from Israel**

In July 2021, Israel became one of the first countries to address the crisis of its ageing population through a binding resolution on 'Indicators for optimal ageing', promoting policy, urban planning, innovation, inclusion, and new partnerships. Israel is currently experiencing the blooming of evidence-based, measurable, multi-sectoral, sustainable initiatives to enhance older persons' wellbeing, adding life to years. We shall highlight what 'older persons in the centre' means practically for government, local authorities, civil society, and the private sector, coming together to address a pressing demographic challenge at large scale.

**16.00** **Planning residential environments for old age: A new guide**

Shulamith Gertel Groome, Israeli Ministry of Construction and Housing, Israel

**16.10** **Optimal ageing for 100 years of life**

Avi Ketko, Optimal Ageing, City of Tel Aviv-Yafo, Israel

**16.20** **An ecosystem for urban and rural healthy and active ageing**

Nesya Strasburg, Health & Optimal Aging, Southern Soreq Cluster, Israel

**16.30–17.00** **Panel discussion**

Naama Berger, Israeli Ministry of Welfare and Social Affairs, Israel  
Dafna Shachar, Metsudot Group, The Galilee, Israel  
Yifat Rom, GEO, Haifa, Israel

Stream 2 will be brought to a close at 17.00, whereupon delegates are invited to return to Space 1 and 2 for the day's closing plenary session (17.00–18.00).

Stream 3 begins at 10.45 in Space 8, after the day's opening plenary session (08.45–10.15).



### Session 9

#### Inclusive transport and mobility

Chair: Jim Chapman, Client advisor, UK

**10.45** **Hardcoding equity and resilience into Toronto, Canada's transit expansion plans: A Scarborough LRT case study**

Nick Shaw, HDR, Canada

**11.05** **A network of multifunctional urban objects supporting sustainable mobility and healthier living: SMART HUBS prototypes in Ferrara, Italy**

Ilaria Fabbri, University of Camerino, Italy  
Gabriele Lelli, University of Ferrara, Italy

**11.25** **Measuring changes to travel patterns using an activity and agent-based model: Stage 1 of the Suburban Rail Loop**

Lucy D Gunn, RMIT University, Australia

**11.45** **Promoting inclusive and sustainable transport: insights from Medellín for inclusive urban development**

Annamae Muldowney, Global Disability Innovation Hub, UK  
Mikaela Patrick, Global Disability Innovation Hub, UK  
Maria Clara Arrubla Palacio, Local consultant / researcher, UK  
Iain McKinnon, Global Disability Innovation Hub, UK

**12.05** **Panel discussion**

**12.30–14.00** **VIDEO + POSTER GALLERY, WORKSHOP, LUNCH AND NETWORKING**



### Session 10

#### Citizen participation and social capital

Chair: Michele Grant, Academy of Urbanism, UK

**14.00** **Communicating climate solutions: Imagining new methods of communication to kick-start sustainable urban transformation**

Echo Callaghan, WorkTech Academy, UK

**14.20** **The Better Places Mapping Tool – providing social-value evidence for better decision-making**

Cara Mulholland, Stantec, UK

**14.40** **Catalysing walkable, sustainable, and equitable development using innovative transportation strategies**

Celen Pasalar, North Carolina State University, USA  
Christopher M. Cunningham, North Carolina State University, USA  
Mike Brown, Urban Innovators, USA  
Guangchuan Yang, North Carolina State University, USA

**15.00** **Panel discussion**

**15.30–16.00** **VIDEO + POSTER GALLERY, COFFEE AND NETWORKING**



### Session 11

#### The Healthy Cities Generator:

#### Incorporating health into urban planning

Chair: Marta Rofin Serrà, Bax & Company, Spain

**16.00–17.00** **Generate health in your city with the Healthy Cities Generator: A hands-on, practical tool with actionable indicators to incorporate health into urban planning**

Although there is evidence that the urban environment has a notable impact on the direct health, health-creating behaviours, and health-supporting environment of people, it's not easy for practitioners to take health into account in urban planning in a systematic way.

The Healthy Cities Generator (HCG) is a freely available digital health impact assessment tool designed to change that. The tool helps practitioners, local authorities, citizens, and researchers understand the evidence-based health impact of changes to the urban environment. Entering the actions of an urban plan or characteristics of an existing urban area allows the user to see the impact on 30 health determinants or outcomes, and results in visual guides to how holistic the plan is, and a score for the plan or place.

In this workshop, the HCG, its design process, and the scientific research underpinning it will be presented. Delegates will be guided through the process of using the tool to analyse the Liverpool urban environment health needs, outline potential actions to address these needs, and assess the health impact of those proposed actions. After introducing the tool and methodology behind its design, we will host an interactive session with the audience using the tool in the immediate area surrounding the conference.

Panel: Amber De La Haye, Bax & Company, Spain  
Ruth Gow, Bax & Company, Spain  
Sebastian van Herk, Bax & Company, Spain

Stream 3 will be brought to a close at 17.00, whereupon delegates are invited to return to Space 1 and 2 for the day's closing plenary session (17.00–18.00).



Stream 4 begins at 10.45 in Space 9, after the day's opening plenary session (08.45–10.15).



### Session 12

**Innovation districts and sustainable retail**  
 Chair: Chris Liddle, HLM Architects, UK

- 10.45 **The case of Heath Park: The challenge of making a place fit for the future**  
 John Lewis, SOG, UK

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- 11.05 **Where work and life meet: A global perspective on the future of central business districts**  
 Sofia Song, Gensler, USA

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- 11.25 **The innovation ecosystem and the importance of place**  
 Duncan Thomas, HLM Architects, UK

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- 11.45 **Catalysing community health through community-focused retail**  
 Blake Jackson, NORR, USA  
 Stephen Mattscheck, CVS Health, USA

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- 12.05 **Panel discussion**

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- 12.30–14.00 **VIDEO + POSTER GALLERY, WORKSHOP, LUNCH AND NETWORKING**



### Session 13

**Wellbeing in the workplace**  
 Chair: Prof Jeremy Myerson, Royal College of Art; Worktech Academy, UK

- 14.00 **Designing workplaces to beat burnout and encourage engagement**  
 Sally Augustin, Design With Science, USA

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- 14.20 **Multilayer design: A chance for healthier workplaces**  
 Albert Wimmer, Albert Wimmer, Austria  
 Monika Purschke, Albert Wimmer, Austria  
 Semir Zubcevic, Albert Wimmer, Austria

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- 14.40 **User preferences on workplaces typology and biophilic design features towards collaborative and high-performance working environments in offices**  
 Muhamad Iqbal Tawakal, UCL, UK

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- 15.00 **Panel discussion**

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- 15.30–16.00 **VIDEO + POSTER GALLERY, COFFEE AND NETWORKING**

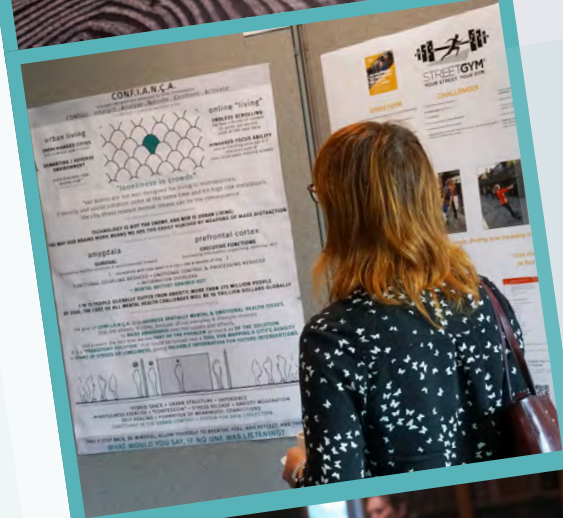


### Session 14

**Scale jumping: Sustainability and health at multiple scales**  
 Chair: Giovanna Jagger, International WELL Building Institute, UK

- 16.00–17.00 **Scale jumping: Implementing sustainability and health at multiple scales. Perspectives from the field**  
 This workshop will discuss real-world case studies, research, and implementation examples that show how interventions at a workplace, building, community, and global scale can interact and move the needle forward to achieving specific health, social, and sustainability goals. The first case study is the Spine building, the conference venue building, which is working towards WELL Platinum certification. This section will focus on sustainability and health targets, WELL features that address those targets, successes and lessons learned, and alignment with local city-level initiatives on sustainability and health. The second case study looks at recent examples of a multi-tiered approach to workplace wellbeing from Sweden and the Middle East, using an innovative, data-driven, neuroscience-based approach. Lastly, the session will look at ESG and corporate social responsibility reporting, and how this is driving multi-scaled interventions, policy, and disclosure. Recent drivers, such as the EU taxonomy, will be addressed in terms of their potential impact on reporting and disclosure. The session will conclude with future directions and lessons learned for scale-jumping on sustainability, work, health, and social goals.  
  
 Panel: Angela Loder, IWBI, USA  
 Dr Tauni Lanier, BDO Central Advisory, UK  
 Linda Jarnhamn, flow2thrive, Sweden  
 Giulia Mori, Giuliano Camerini, CBRE, UK

Stream 4 will be brought to a close at 17.00, whereupon delegates are invited to return to Space 1 and 2 for the day's closing plenary session (17.00–18.00).



08.00 REGISTRATION OPENS

Keynote plenary



Session 15

A vision for Liverpool: Putting people's health first

Chair: Beatrice Fraenkel Hon FRIBA,

Design Council; Former chair, Mersey Care NHS Foundation Trust, UK

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08.50 Welcome and introduction

09.00 Welcome address

Councillor Liam Robinson, Leader of Liverpool City Council, UK

09.15–10.15 A vision for Liverpool: Putting people's health first

Liverpool sits on an intricately folding landscape, in a magical estuary, enjoying the benefit of historically well-formed townscapes. It's also a city of many firsts. This imagery captures the imagination of residents and visitors alike, inspiring and invoking a sense of meaning. However, these are just the raw materials of a successful place. The true measure is in the people, their wellbeing and the life choices they enjoy. These are the real challenges facing Liverpool and many other cities around the world.

Putting people's health first describes this new era in the city's history. The 'how' of change will be through co-production and consistent 'right practice' for Liverpool and its wider region. We're renewing Liverpool's historic status as a health-creating human city.

Panel: Samantha Campbell, director, planning and building control, city development, Liverpool City Council, UK

Councillor Nick Small, Cabinet Member for Growth and Economy, Liverpool City Council, UK

Matthew Ashton, director of public health, Liverpool City Council, UK

Councillor Harry Doyle, Cabinet Member for Health, Wellbeing & Culture, Liverpool City Council, UK

Mark Graham, director, LDA Design, UK

10.15–10.45 VIDEO + POSTER GALLERY, COFFEE AND NETWORKING



Session 16

Green Line Liverpool

Chair: Paul Bell, Ryder Architecture, UK

10.45–12.30

Green Line Liverpool is a proposition to catalyse, connect, green and grow Liverpool – promoting city living / health and wellbeing / cultural and civic life / sustainable and maker retail / transit and gateway / learning and knowledge / urban food and ecology.

A key mechanism used to deliver urban change are major regeneration projects focused on specific urban districts and neighbourhoods. These have the potential to attract inward investment and bring multiple agencies and communities together to deliver transformation at scale. Liverpool's Knowledge Quarter (KQ Liverpool) is a great example of this type of transformation, and is attracting investment and global innovation leaders across health, science, culture and technology.

How can we extend the influence of focused urban regeneration projects like KQ Liverpool beyond their boundaries? Rail, road and utility infrastructure are corridor- and line-based – these lines link points of demand and interest along their routes. What if we take this approach and apply it to urban regeneration?

We propose that by defining critical paths across cities, we can connect areas of need, interest and potential. These critical paths can amplify and accelerate positive transformation, providing many communities with access to a greener, healthier, more liveable, and better connected urban environment.

Starting with the KQ Liverpool urban framework, backed by urban analytics and our local understanding of Liverpool, we will explore the potential of an urban critical path – a 'Green Line' of transformation – connecting Liverpool's Waterfront to KQ Liverpool, and integrating everything in between. The ambition is for Green Line Liverpool to catalyse large-scale greening, promote healthier living, active mobility, place activation, community engagement, and other future interventions to deliver liveable city principles at scale.

The outputs will stimulate discussion and debate on the broader city integration of KQ Liverpool and help illustrate how healthy city principles can be developed and applied in major urban regeneration projects, providing a benchmark for similar projects.

Panel: James Rayner, Urban Place Network, UK

Jeremy Salmon, Urban Place Network, UK

12.30–14.00 VIDEO + POSTER GALLERY, WORKSHOP, LUNCH AND NETWORKING

12.40–13.50 Lunchtime workshop: Housing and Health Equity

Panel: Barbara Reichwein, Impact on Urban Health, UK

Ricky Burdett, Council on Urban Initiatives, UK

Maria Morgan, Kineara, UK

Representative from the Safer Renting initiative, Cambridge House

For more details, please see page 19

Organised by

Impact  
on Urban  
Health







## Session 17

### Healthy urbanism

**Chair: Harry Knibb**, Academy of Urbanism;  
 Oxford Properties, UK

**14.00–15.30** **Scaling healthy urbanism – from the what to the how**  
 This expert panel, organised by the Academy of Urbanism, explores how we can scale healthy urban places.

As temperatures rise, economies stutter, food production industrialises, air quality deteriorates, and inequalities widen, cities play an increasingly defensive role in the health of their residents.

The facts are clear, we're living longer and child mortality has fallen. However, a series of intersecting factors are in danger of creating a perfect storm, threatening the ability of nations and communities to cope (Barton, 2017). By living longer, our elderly population are more dependent on a lower number of wage earners, while many others are subject to chronic conditions, such as heart disease, cancer, diabetes, and mental ill health. Technology and lifestyle choices are driving an epidemic of obesity and loneliness, and unhealthy behaviours are becoming increasingly locked-in through car dependency. The result is a postcode lottery of life expectancy throughout the UK.

Ample research has been conducted to distil the ingredients of healthy urbanism. Yet despite this, we've not delivered healthy urban places at scale. Why not?

Split into four parts, with a special emphasis on case studies and audience participation throughout, our expert panel will decipher: what are the core ingredients of healthy urbanism?; what are their blockers?; and what solutions are needed to deliver healthy urban places at scale? Pulling all this together, the panel will align on five principles of how to deliver healthy urbanism at scale.

The session will form the basis of a radical new report on 'Scaling urban health', to be produced in a partnership between the Academy of Urbanism and Salus.

Panel: Heather Claridge, Academy of Urbanism;  
 Architecture and Design Scotland, UK  
 Philip Jackson, Academy of Urbanism;  
 Scott Tallon Walker Architects, Ireland  
 Michele Grant, Academy of Urbanism, UK

**15.30–16.00** **VIDEO + POSTER GALLERY,  
 COFFEE AND NETWORKING**



## Session 18

### The 15-minute city

**Chair: Julia Thrift**, TCPA, UK

**16.00** **Close to home: Exploring 15-minute urban living**  
 Camilla Siggaard Andersen, Hassell, UK  
 Niamh Moore-Cherry, University College Dublin, Ireland

**16.20** **Reframing the narrative of the 15-minute city: Shaping healthier and sustainable communities**  
 Elad Eisenstein, AECOM, UK

**16.40–17.00** **Panel discussion**

## Keynote plenary



## Session 19

### Keynote plenary panel and awards

**Chair: Prof Jeremy Myerson**, Royal College of Art; WorkTech Academy, UK

**17.00** **Actions to improve urban renewal and health equity**  
 To close the Congress, an expert panel will explore what measures and actions can be taken by urban and city policymakers, planners and practitioners to improve the lives of citizens and reduce health inequalities, while addressing the wider impacts of planetary health. Reflecting on the lessons learned from the Congress, what are the priorities for 'climate-resilient' development and urban renewal that can make the difference to people's life chances and address health inequalities. From the provision of green-blue spaces, nature-based interventions and better-designed and healthier housing, to the application of digital technology and environmental, social and governance (ESG) policies, what actions are needed to activate change?  
 Our expert panel will also explore the next steps for Liverpool's vision and ambition to build on its legacy of public health innovation to become a health-creating city of the future, building on the strength, resolve and talents of its people and communities.

**17.30** **Healthy City Design 2023 Awards**

**17.40** **Chair's closing remarks**

**17.45** **Close**

Stream 6 begins at 10.45 in Space 6 and 7, after the day's opening plenary session (08.50–10.15).



## Session 20

**Greening and feeding the city**

Chair: **Marcus Grant**, Cities&Health, UK

### 10.45 **Forgotten places: Greening coastal towns and cities in the UK**

Carys Alder, Trees for Cities, UK

Kate Sheldon, Trees for Cities, UK

### 11.00 **Cool Squares Cafe: A participatory method for healthy and climate adaptive squares**

Jeannette Nijkamp, Hanze University of Applied Sciences, Groningen, Netherlands

Anna Epping, Hanze University of Applied Sciences, Groningen, Netherlands

Joey Koning, Hanze University of Applied Sciences, Groningen, Netherlands

Berber Onrust, Hanze University of Applied Sciences, Groningen, Netherlands

### 11.15 **Transforming towns and cities into greener, healthier, more inclusive places through community-embedded urban farming – a 10-year case study**

Paul Myers, Farm Urban, UK

Jens Thomas, Farm Urban, UK

### 11.30 **Peri-urban landscapes and the potential of integrated foodscapes to promote healthy communities**

Shannon Davis, Lincoln University, New Zealand

### 11.45 **Market Garden City**

Gary Young, Place 54 Architects, UK

### 12.00 **Panel discussion**

### 12.30–14.00 **VIDEO + POSTER GALLERY, WORKSHOP, LUNCH AND NETWORKING**



## Session 21

**Planning for climate resilience and equity**

Chair: **Carolyn Daher**, ISGlobal, Spain

### 14.00 **Sustainability and equity in urban development (S&EUD): A content analysis of “bright spots” from the Accelerating City Equity (ACE) Project**

Giselle Sebag, International Society for Urban Health, USA

Patrin Watanatada, International Society for Urban Health, UK

### 14.20 **Health in climate adaptation: Global case studies and lessons for practice**

Mark Drane, Urban Habitats, UK

Nerys Edmonds, Public Health Wales, UK

Liz Green, Public Health Wales, UK

### 14.40 **Nature, design, and health: Explorations of a landscape architect**

David Kamp, Dirtworks Landscape Architecture, USA

### 15.00 **Panel discussion**

### 15.30–16.00 **VIDEO + POSTER GALLERY, COFFEE AND NETWORKING**

Stream 6 will be brought to a close at 17.00, whereupon delegates are invited to return to Space 1 and 2 for the day's closing plenary session (17.00–17.45).



## Session 22

**Combating disparities and driving health equity in the Global South**

Chair: **Prof Sally Theobald**, Liverpool School of Tropical Medicine, UK

### 16.00–17.00 **Combating disparities and driving health equity in urban low-income areas: Sharing lessons from research consortia working in the Global South (ARISE, CHORUS and IdeaMaps)**

Rapid urbanisation means urban transformation processes and increased pressure on health systems, often exacerbating disparities. Collaborative work with communities and other stakeholders to understand how diverse populations experience these processes is critical to inclusive placemaking, co-designing interventions to improve livelihoods and healthcare systems, and creating healthy cities. This joint panel will introduce three UK-funded research consortia (ARISE, CHORUS, IdeaMaps) that adopt participatory research approaches in cities in the Global South to improve health of diverse low-income populations and strengthen communities and health systems. The panel dialogue provides an opportunity for mutual learning on theories, processes and practice among stakeholders in the Global North and Global South to combat disparities and address health equity.

The panel will disseminate findings and resources from the three consortia on four themes: co-production approaches; intersectionality theory; safeguarding processes and guidance in participatory research; and participatory art as a dissemination and advocacy tool.

Panel: **Neele Wiltgen Georgi**, Liverpool School of Tropical Medicine, UK

**Sadaf Khan**, Institute of Development Studies, UK

**Helen Elsey**, University of York, UK

Stream 7 begins at 10.45 in Space 8, after the day's opening plenary session (08.50–10.15).



### Session 23

#### Planning healthier towns and high streets

Chair: **Mark Robinson**, High Streets Task Force; Ellandi, UK

**10.45** **Dock Branch, Birkenhead: Community involvement in redesigning a new neighbourhood**

Catherine Palmer, Wirral Borough Council  
Amy Butterworth, Make it Happen, Birkenhead and Dock Branch Community, UK  
Anthony Poldervaart, Make it Happen, Birkenhead and Dock Branch Community, UK

**11.05** **From department store to city campus**

Hannah Brewster, ADP Architecture, UK  
Lou Overton, University of Gloucestershire, UK  
Nick Oxlade, University of Gloucestershire, UK

**11.25** **Building Society: Healthy finances, healthy high streets and healthy communities**

David Martin, M Worldwide, UK

**11.45** **Towards healthier planning and development**

Shaun Andrews, Nexus Planning, UK  
Rowan Gilbert, NHS Property Services, UK  
Ahsan Rahman, NHS Property Services, UK

**12.05** **Panel discussion**

**12.30–14.00** **VIDEO + POSTER GALLERY, WORKSHOP, LUNCH AND NETWORKING**



### Session 24

#### Healthy parks in the city

Chair: **Kaia Nesbitt**, HDR, USA

**14.00** **Parks in the city: Findings from two park utilisation studies connect urban greenspace with health and wellness activities**

Francesca Jimenez, HDR, USA  
Jeri Brittin, HDR, USA

**14.20** **Testing indicators for a 'Healthy Parks Framework'**

Ruth Hynes, UCL UK  
Gemma Moore, UCL, UK  
Liza Griffin, UCL, UK

**14.40** **Edinburgh's parks: Investing in sensitive lighting to support active travel**

Jo Morrison, Calvium, UK

**15.00** **Panel discussion**

**15.30–16.00** **VIDEO + POSTER GALLERY, COFFEE AND NETWORKING**



### Session 25

#### Designing for mental health

Chair: **Graham Marshall**, Prosocial Place, UK

**16.00** **Improving CHOICE: Community-asset and life-story approaches to improving civic engagement and activity for people living with severe mental illness**

Saul M Golden, Ulster University, UK  
Anna Skoura, Ulster University, UK

**16.20** **Homestead – a holistic vision for mental wellness in society**

Timothy Makower, Makower Architects (in collaboration with Compassionate Mental Health, Growing Better Lives and Others), UK

**16.40–17.00** **Panel discussion**

Stream 7 will be brought to a close at 17.00, whereupon delegates are invited to return to Space 1 and 2 for the day's closing plenary session (17.00–17.45).



*Stream 8 begins at 10.45 in Space 9, after the day's opening plenary session (08.50–10.15).*



### Session 26

#### Planning for health and social impact

**Chair: Giselle Sebag**, International Society of Urban Health, USA

**10.45** **Urban planning for health: strategies and experiences of building resilience at the local level**

Carlota Sáenz de Tejada, ISGlobal, Spain  
 Carolyn Daher, ISGlobal, Spain  
 Laura Hidalgo, ISGlobal, Spain  
 Matthias Braubach, WHO European Centre for Environment and Health, Germany

**11.05** **Urban strategies to improve social cohesion, health equity, and economic opportunity in Ireland**

Philip Jackson, Scott Tallon Walker Architects, Ireland

**11.25** **Developing 'City Know-how' from global research findings: Have your say!**

Marcus Grant, Cities & Heath, UK  
 Alvaro Valera Sosa, Building Heath Lab, Germany

**12.00** **Panel discussion**

**12.30–14.00** **VIDEO + POSTER GALLERY, WORKSHOP, LUNCH AND NETWORKING**



### Session 27

#### Designing for children's health

**Chair: Katie Wood**, Arup, UK

**14.00** **A "home away from home" – the social role of the Sydney Children's Hospital Stage 1 and Minderoo Children's Comprehensive Cancer Centre within the Randwick Health and Innovation Precinct**

Tara Veldman, Billard Leece Partnership, Australia

**14.20** **A healthy hospital street on Great Ormond Street: How can the streets that serve our city hospitals create healthy, sociable and inclusive environments for all?**

Magali Thomson, Great Ormond Street Hospital, UK  
 Scott Carroll, LDA Design, UK

**14.40** **Child-friendly urban environments (CFUE) – developing a framework and tool for designers**

Ruth Hynes, Atkins (member of SNC-Lavalin), UK  
 Marian Alkali, Atkins, UK  
 Avgousta Stanitsa, Atkins, UK

**15.00** **Panel discussion**

**15.30–16.00** **VIDEO + POSTER GALLERY, COFFEE AND NETWORKING**



### Session 28

#### Designing for women and girls

**Chair: Caroline Paradise**, Atkins, UK

**16.00** **The relationship between pregnant women, new mothers and public spaces, a case-study approach of Liverpool**

Hanna Jones, Mott MacDonald, UK

**16.20** **Playful design for women and girls**

Beth Cooper, Timberplay, UK  
 Chutong Liu, Timberplay, UK

**16.40–17.00** **Panel discussion**

*Stream 8 will be brought to a close at 17.00, whereupon delegates are invited to return to Space 1 and 2 for the day's closing plenary session (17.00–17.45).*

# LUNCHTIME WORKSHOPS

16 -17 OCTOBER 2023 | SPACE 1 AND 2

## MONDAY LUNCHTIME WORKSHOP

### 12.40– 13.50 Charting the path for health equity


This special lunchtime workshop session explores how two local authorities – East Sussex County Council and Merton Council – are charting a path to address health disparities within their local populations.

#### Charting an equitable path for planning for health in East Sussex

This session will discuss how the public health teams at East Sussex County Council (ESCC) and Local Planning Authorities (LPAs) are working together to deliver the Council's statutory public health responsibilities and LPAs' duties to deliver relevant elements of the National Planning Policy Framework through the planning system.

Providing the policy context and links between planning and health, the East Sussex Public Health and Planning Memorandum of Understanding (MoU) sets out the high-level actions that parties will take, including working together to agree specific actions around processes, engagement and parameters to establish robust working outcomes and objectives.

The MoU has helped build consensus and mutual understanding across the county in the approach to creating healthy, equitable and sustainable places, strengthening compliance to the 'duty to co-operate' as well as accountability. It's a useful mechanism to help deliver against the East Sussex Health and Wellbeing Strategy, the Integrated Care Strategy, and to shape emerging Local Plan policy objectives concerning health, wellbeing and sustainability.

**Panel:**  Lourdes Madigasekera-Elliott, East Sussex County Council, UK  
Ellen Reith, East Sussex County Council, UK

#### Charting the path for healthy equity in areas of urban deprivation

The London mayor piloted a programme in 2018-2019 that later expanded into 50 grants for London boroughs in 2022-2023. The aim was to develop schemes that could address two or more environmental harms identified within 400-metre zones around selected schools. Harms might include air pollution, food environment, road safety, or sales of alcohol or cigarettes.

The London borough of Merton secured grants for three primary schools in neighbourhoods with the borough's lowest Index of Multiple Deprivation, highest child obesity, and specific social-psychological issues. Each school targeted the elimination of the 21.5-per-cent of school-run car journeys and their conversion to active travel; the threat of street drinking and personal safety to pupils; and pupils overcoming hylophobia through active travel and road safety interventions.

The session will explore three case studies at Merton Abbey Primary, Abbotsbury Primary and St Mark's Primary schools, illustrating methods of improving health equity through social cohesion within neighbourhoods of deprivation. The case studies conclude with lessons and practical tools that exemplify methods for supporting local regions where health equity is inhibited by preventable behaviours and affordable physical interventions, and which can enable lasting results and measurable social cohesion.

**Panel:**  Annalise V. Johns, Merton Council, UK

## TUESDAY LUNCHTIME WORKSHOP

### 12.40– 13.50 Housing and Health Equity

Explore bold and practical examples of how we can address housing insecurity to support better health in this lunchtime workshop

Organised by:  
**Impact on Urban Health**

A stable, secure, decent, affordable home is a foundation for health. If we have a right to good health, then housing is an issue of health equity. Housing is a fundamental human right and one of the underlying key capabilities, which Amartya Sen argues, is required for opportunities to be harnessed (Sen 1985).

The stark reality is that in Liverpool, London and other cities around the world, people are paying for precarious housing with their health. And too often, the mental and physical health of those living on low incomes from minoritised communities suffer the most.

This session, hosted by Impact on Urban Health, will explore a range of methods and approaches proposed and implemented by partners to address the issue of inadequate, precarious housing and its effect on health.

In the longer term, we need to build more decent, affordable housing, and give communities a say in where that is and what form it takes. In the short-term, precarious rented accommodation is a fact of life for people living on low incomes. With our partners like Kineara and Cambridge House, we at Impact on Urban Health are showing that there are ways to improve the accessibility, affordability, quality and stability of tenure for homes in the private rented sector - and with it, people's health, slowing their progression to multiple long-term conditions.

The Council on Urban Initiatives will share some examples of integrated urban design from around the world as well as key recommendations from its paper outlining a Mission-Oriented and Human Rights Based Approach to Housing; a new framework to guide governments in bringing about more sustainable, inclusive and resilient cities. The Council's research provides a framework and case studies for resolving the housing crisis by calling for a different approach from all levels of government, from national to local.

Join us to discuss a range of visionary and practical approaches that can be supported and adopted by stakeholders from government to community organisations, from local authorities to landlords, that can make housing in our cities healthier and fairer.

**Panel:** Barbara Reichwein, Impact on Urban Health, UK  
Ricky Burdett, Council on Urban Initiatives, UK  
Maria Morgan, Kineara, UK  
Representative from the Safer Renting initiative, Cambridge House

The Video + Poster gallery features an array of visual and dynamic presentations on scientific research, cutting-edge policy, technological innovations and landmark urban design projects. On display throughout the Congress, the Video + Poster gallery provides ample opportunity for delegates to peruse at their leisure in between sessions.

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|---|---|--|
| <p><b>P01</b> <b>Improving health in London: Reflections from three mini case studies (HIV, mental health, healthcare estate)</b><br/>Shaun Danielli, King's Health Partners, UK</p>  | <p><b>P07</b> <b>Enhancing urban liveability and environmental health: Strategies for sustainable development in Indonesian Cities</b><br/>Muhamad Ratodi, State Islamic University of Sunan Ampel, Indonesia</p>   | <p><b>P16</b> <b>Supporting health equity through community based, self-service digital health solutions</b><br/>Samantha Fay, SiSU Health, UK</p>   |
| <p><b>P02</b> <b>Subjective and objective indicators of neighbourhood safety, crime and physical activity in UK adolescents</b><br/>Charlotte Constable Fernandez, Jane Maddock, Praveetha Patalay, Laura Vaughan, UCL, UK</p>  | <p><b>P08</b> <b>Weaving a tapestry for healthy places</b><br/>Kristina Pacheco, Maurph, Australia</p>  | <p><b>P17</b> <b>Effects of different spectral power distributions (SPD) of lighting on occupants' thermal perceptions and cognitive performance</b><br/>Dinta Dwi Agung Wijaya, UCL, UK</p>   |
| <p><b>P03</b> <b>Sustaining the NHS through embedding social value</b><br/>Harry Dodd, Archus, UK</p>   | <p><b>P09</b> <b>Exploring health predictors through Yelp data: A sentiment analysis approach</b><br/>Shicong Cao, Heinlewischer, Germany</p>   | <p><b>P18</b> <b>Urban health: The new core skills for urban planners</b><br/>Marta Rofin Serrà, Bax &amp; Company, Spain<br/>Eloi Juvillà Ballester, Diputació de Barcelona, Spain</p>  |
| <p><b>P04</b> <b>Towards a framework for Considerate Urbanism: Centring care, empathy and lived experience in the production of urban space and urban experience</b><br/>Liane Hartley, Mend, UK</p>  | <p><b>P11</b> <b>Healthy communities in the post-epidemic era: Residential satisfaction and housing choice</b><br/>Meng Dancheng, Xu Leiqing, Huang Jianmei, Tongji University, China</p>                           | <p><b>P19</b> <b>User preferences on workplaces typology and biophilic design features towards collaborative and high-performance working environments in offices</b><br/>Muhamad Iqbal Tawakal, UCL, UK</p>   |
| <p><b>P05</b> <b>Tools to incorporate a health perspective into transformation of vulnerable neighbourhoods</b><br/>Carlota Sáenz de Tejada, Carolyn Daher, ISGlobal, Spain; Josep R. Torrentó Marselles, Elisenda Noguera Guillamet, Barcelona City Council, Spain</p>   | <p><b>P11</b> <b>The Concourse</b><br/>Alethea Ottewell, HLM Architects, UK<br/>Dan Lister, Arup UK</p>   | <p><b>P20</b> <b>Is the availability and quality of local early childhood education and care services associated with young children's mental health at school entry?</b><br/>Amanda Alderton, Lucy Gunn, Karen Villanueva, Hannah Badland, RMIT University, Australia</p> |
| <p><b>P06</b> <b>Availability, accessibility, and use of green spaces and cognitive development in primary school children</b><br/>Amanda Fernandes, Martine Vrijheid, ISGlobal, Spain; Norun Hjertager Krog, Norwegian Institute of Public Health, Norway; Rosemary McEachan, Bradford Teaching Hospitals NHS Foundation Trust, UK</p> | <p><b>P12</b> <b>Accessibility to health and social services through architecture</b><br/>Russell Baxter, NORR, UK</p>  | <p><b>P21</b> <b>Health-oriented communities – strategies for reframing wellness in development</b><br/>Kaia Nesbitt, Francesqca Jimenez, HDR, USA</p>   |
|   | <p><b>P13</b> <b>Healthy cities: Deploying the full potential of health as an urban planning tool</b><br/>Marta Rofin Serrà, Ruth Gow, Amber De La Haye, Sebastiaan van Herk, Bax &amp; Company, Spain</p>          | <p><b>P22</b> <b>The working home: Does home work?</b><br/>Bernardine Farrell, Ambrose Gillick, Lecturer, University of Kent, UK</p>   |
|   | <p><b>P14</b> <b>Urban-centric lighting: Applying innovation in public lighting for the healthy and inclusive city</b><br/>Alberto Barberá Duelo, Andrea Padré, CICAT Cluster de Iluminación de Cataluña, Spain</p> | <p><b>P23</b> <b>Turning healthcare on its head: System-level estates planning in Scotland</b><br/>Nicola Clemo, Archus, UK<br/>Claire Colgan, Turner &amp; Townsend, UK</p>   |
|   | <p><b>P15</b> <b>NHS net-zero carbon building standard: The implications for primary care facility design</b><br/>Joanna Wilson, Bob Wills, Medical Architecture, UK</p>  |  |



- P24 **Your City, Your Voice Belfast: Lessons on inclusive engagement and liveability from community consultation for quality-of-life urban room and digital mapping projects**  
Saul M Golden, Anna Skoura, Ulster University, UK
- P25 **Exploring mosquito-transmitted diseases in urban waste-picking communities in Andhra Pradesh, India**  
Beatrice Egid, Anne Wilson, Liverpool School of Tropical Medicine, UK; Pavani Pendyala, Dalit Bahujan Resource Centre, India; Surekha Garimella, The George Institute for Global Health, UK
- P26 **Green and blue spaces lead to sustainable healthy bodies, minds and planet**  
Patrick Smith, Michelle Minns-Sykes, Ustigate, UK
- P27 **Making space for nature for children's wellbeing in Llanelli, Wales**  
Matluba Khan, Merideth Gattis, Cardiff University, UK; Mark Drane, Urban Habitats, UK
- P28 **The forgotten child in Dhaka's public realm: An investigation into children's experiences of their everyday spaces during Covid-19 pandemic**  
Matluba Khan, Thomas Aneurin Smith, Cardiff University, UK
- P29 **Co-creating a neighbourhood plan with children and young people: A toolkit for designers, planners and teachers**  
Matluba Khan, Thomas Aneurin Smith, Neil Harris, Cardiff University, UK
- P30 **Empowering inclusive design: Development and testing of a human-centred design engagement tool for pupils**  
Ruth Hynes, Archontia Manolakelli, Atkins (member of SNC-Lavalin), UK
- P31 **Understanding the effect of loneliness, mobility, and health service satisfaction**  
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- P44 **Six qualities of great urban places: Decoding the components of places that deliver for people and planet**  
Camilla Siggaard Andersen, Hassell, UK
- P45 **The School Street Programme in Barcelona: Impact evaluation of calming streets measures**  
Mònica Ubalde López, Daniel García Abiétar, Barcelona Institute for Global Health, Spain  
Jordi Honey-Rosés, UAB, Spain

## VENUE & HOTEL ACCOMMODATION

### THE VENUE: ROYAL COLLEGE OF PHYSICIANS, THE SPINE, LIVERPOOL

An outstanding example of workplace and education design, The Spine is designed to WELL Platinum Standard and is considered one of the world's healthiest buildings. The new northern home for the Royal College of Physicians encompasses its values throughout. Designed by AHR, The Spine houses a mix of activity-focused areas set across a flexible layout. With some of the best and most advanced medical simulation facilities in the world, there are also spaces designed to host PACES examinations and medical assessments.

### DISCOUNTED ROOM RATES FOR DELEGATES

The Novotel Liverpool Paddington Village is located in a prime position next door to The Spine and just a stone's throw from the many university campuses.

As the highest hotel in the City, we offer incredible views over Liverpool and the River Mersey.

Discounted room rates are available until 17 September. On receipt of your registration, a code will be provided to enable you to book your accommodation at the below rates via email or phone.

#### Novotel Liverpool Paddington Village

Single room with breakfast (15 Oct): £89

Single room with breakfast (16 - 19 Oct): £109

Discounted rooms are available until 17 September.  
All room rates are VAT inclusive.



# DELEGATE REGISTRATION

A range of in-person tickets are available in two categories: Public Sector; and Commercial. Virtual-only tickets are also available. Registration is open now with Early-bird savings until 28 September. Visit [www.healthycitydesign.global](http://www.healthycitydesign.global) to register today.

## Group discounts

**Group discounts are available for all categories at the following rates:** Discounts for 3 (10%); 5 (15%) or 10 (25%)

To apply please contact [info@salus.global](mailto:info@salus.global)

## Evening Dinner and Networking Event

The Dinner and Networking Event will be held at the Merseyside Maritime Museum, on the evening of 16 October. Learn more on page 5.

## Walking Tours

Walking tours of the city will take place on 18 October. Learn more on page 5.

*All ticket prices are exclusive of VAT.*

### 'In-person' registration

#### Commercial Rate:

Early-bird rates (until 28 September): 2-day ticket: **£545**  
1-day ticket: **£345**

Standard rates (from 29 September): 2-day ticket: **£645**  
1-day ticket: **£445**

#### Public Sector Rate:

Early-bird rates (until 28 September): 2-day ticket: **£395**  
1-day ticket: **£225**

Standard rates (from 29 September): 2-day ticket: **£495**  
1-day ticket: **£325**

### 'Virtual' registration

#### Single Rate:

Early-bird rates (until 28 September): 2-day ticket: **£165**  
1-day ticket: **£95**

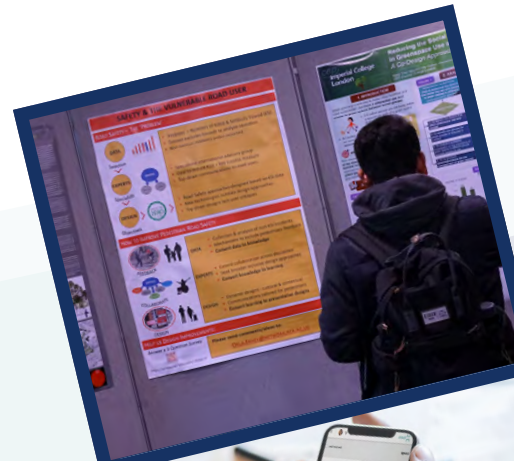
Standard rates (from 29 September): 2-day ticket: **£215**  
1-day ticket: **£145**

### Evening Networking Dinner (16 October)

**Individual dinner place: £95**

*For group dinner bookings of three or more,  
a 10% discount is available by contacting [info@salus.global](mailto:info@salus.global)*

**Walking Tours (18 October) £25**





# HEALTHY CITY DESIGN INTERNATIONAL

RESEARCH • POLICY • PRACTICE

16-17 OCTOBER 2023

ROYAL COLLEGE OF PHYSICIANS, LIVERPOOL

For online registration and fees, please visit:

W: [healthycitydesign.global](http://healthycitydesign.global)

Early-bird discounts are available until 28 September 2023, along with special discounts for public-sector delegates

Both in-person and virtual tickets available

For sponsorship and exhibition enquiries, contact: [info@salus.global](mailto:info@salus.global)



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